

FIND YOUR SUPPLEMENT MATCH!

Medical Notice: This flow chart shows you which protein substitutes are suitable for you based on your personal taste and calorie preferences. This flow chart does not advise which product is right for your individual Phenylalanine levels or nutritional requirements. Always consult a medical professional to determine the right protein substitute for you.



LOW
KCAL

**START
HERE**

**DO YOU PREFER TO TAKE YOUR
SUPPLEMENT IN LIQUID OR SOLID FORM?**

SOLID

**DO YOU PREFER:
(A) CHOCOLATE & PEANUT
BUTTER
(B) FRUIT & VANILLA**

**WHAT ARE YOUR
CALORIE
PREFERENCES?**

LIQUID

NO PREFERENCE

**I LIKE MY SUPPLEMENT
TO BE IN A READY-TO-DRINK
FORM**

**I NEED MY SUPPLEMENT
TO PROVIDE ALL OF MY
VITAMINS & MINERALS**

FRUIT/VANILLA

CHOC/PEANUT



**GLYTACTIN
COMPLETE 15
FRUIT FRENZY**

**GLYTACTIN
COMPLETE 15
PEANUT BUTTER**

YES

**DO YOU PREFER TO
DRINK MILK OR MIX A NEUTRAL
SUBSTITUTE WITH OTHER
FOOD & DRINK?**

MILK

MIX



**GLYTACTIN
BETTERMILK
LITE 20**



**GLYTACTIN
BUILD 10
& BUILD 20**



NO

**GLYTACTIN BETTERMILK
15 ORIGINAL,
STRAWBERRY, ORANGE**



YES

**CHOCOLATE IS MY
FAVOURITE FLAVOUR!**

NO



**GLYTACTIN
RTD VANILLA
10, 15**

YES



**GLYTACTIN
RTD CHOCOLATE
10, 15**



**GLYTACTIN
RESTORE 5
ORANGE, BERRY**



**GLYTACTIN
RESTORE LITE
ORANGE 10, 20**